

# Mekenna M. Peterson

15209 W 48<sup>th</sup> Ave • Golden, CO 80403  
mekennamiles1@gmail.com • (563)580-3756

## EDUCATION

**Bethel University; St. Paul, MN**

**Graduation Date: May 27, 2017**

**Bachelor of Arts: Athletic Training**

Accredited by the Commission on Accreditation of Athletic Training Education (CAATE)

## PROFESSIONAL EXPERIENCE

**Certified Athletic Trainer** August 2019 - Current

*CU Sports Medicine; Boulder, CO*

- Works as a clinical assistant under Dr. McCarty and his team
- In charge of answering pre-operative and post-operative questions for all surgical patients
- Coordinates care in a timely fashion for all of our patients: surgical and non-surgical
- Sees post-operative patients for their first appointment after surgery to manage wound care and help answer questions regarding their surgery
- Assists in the operating room as first assist

**Certified Athletic Trainer, Physical Therapy Technician** May 2019-August 2019

*Fyzical Therapy and Balance Centers; Westminster, CO*

- Worked in a part time position that assists physical therapists by giving proper education of exercises to patients
- Incorporated home exercises programs specific to the specific patient and their diagnosis
- Marketed virtually and in person to demonstrate the benefits of Fyzical Therapy

**Certified Athletic Trainer, Navigator** August 2017- May 2019

*TRIA Orthopaedic Center; Woodbury, MN*

- Helped develop a navigator model; ATC is involved in the entire process of patient care
- Involved in coordinated care, my own post-operative clinic, administrative duties, generating appropriate schedules, developing home exercise programs, phone triage and clinical decision making
- Interacted with a diverse patient population through outreach events which involved clinical decision making with injuries

**Physical Therapy Aide** May 2016- June 2017

*Creekside Physical Therapy; Edina, MN*

- Developed skills in working with doctors, physical therapists, and insurance companies while being a part of a clinical team at a TMJ treatment clinic
- Worked with administrative responsibilities for scheduling appointments, payments, and organizing all documents

**Personal Care Assistant** April 2016-August 2016

*All Home Health; Bloomington, MN*

- Learned to work with a variety of patients with different physical and mental disabilities
- Performed a range of daily activities, including transfers, and emergency care

## EDUCATIONAL EXPERIENCE

**Student Athletic Trainer** January 2015-May 2017

*Bethel University; St. Paul, MN*

- Engaged in over 800 hours of hands-on experience with prevention, evaluation, rehabilitation, and treatment of athletic injuries while under the collaboration with physicians
- Provided care for the following athletic teams: men's soccer, football, baseball, softball, and cross country
- Developed rehabilitation skills in the physical therapy setting at: Family Achievement Center (pediatric physical therapy), Lakes Area Health Center (postural restoration intuition), and NovaCare Rehabilitation

**Medic Staff** – Volunteer as a student in the medical tent: October 2015

*Twin Cities Marathon and Roy Griak Invitational; St. Paul, MN; Minneapolis, MN*

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## **Certifications/Memberships**

### **Certified Athletic Trainer**

June 2017

*Board of Certification for Athletic Training*

### **Orthopaedic Technologist Certification**

February 2020

### **Licensed Athletic Trainer**

Updated October 2020

*Colorado Department of Regulatory Agencies*

### **First Aid and CPR**

Updated January 2021

*Certified by American Red Cross; Bethel University*

### **National Provider Identifier #1780126680**

November 2017-Current